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| **Date:** | **Injured person:** | **Injury and cause:** | **Treatment:** | **Treatment given by:** |
| *11/11/2020* | *Judge Judy* | *Cat bite* | *Band Aid* | *Leo* |
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| **Suggested minimum contents for a workplace first aid kit** |
| **Here is a list of recommended contents for first aid kits for workplaces with no special risk:** |
| A manual giving general guidance on first aid. |
| Individually wrapped moist wipes or saline solution. |
| 20 individually wrapped sterile adhesive dressings (assorted sizes), appropriate for the type of work (dressings may be of a detectable type/colour for food handlers). |
| Two sterile eye pads. |
| Two individually wrapped triangular bandages (sterile). |
| Clasps or safety pins to tie bandages. |
| Two stretch bandages. |
| Six medium sized, individually wrapped unmedicated wound dressings – approximately 12cm x 12 cm. |
| Two large sterile individually wrapped unmedicated wound dressings – approximately 18cm x 18cm. |
| Two pairs of disposable gloves. |
| One resuscitation mask. |
| **This is a suggested contents list only. You may want to use equivalent but different items. You may identify a need for additional items. This could include, for example:** |
| Scissors. |
| Adhesive strips or Band-Aids for minor wound dressing. |
| Non-allergic adhesive tape. |
| Disposable aprons. |
| Forceps or tweezers to remove foreign bodies. |
| Individually wrapped moist wipes or saline solution. |
| Plastic bags for waste disposal. |
| Hand sanitiser. |